

Risk Assessment

Serpentine Running Club, Last Friday of the Month 5k series “Boat House” course

Date:	Assessed by:	Location :	Review :
26/01/2024 to 27/12/2024	Malcolm French	Hyde Park, London	24/02/2024

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Weather - rain	Athletes and Event Volunteers may be injured from slipping wet ground	<ul style="list-style-type: none"> Footpath surface maintained to a good standard by The Royal Parks 	L	<ul style="list-style-type: none"> Walk course on race day to check that surface is fit for competition 	L	Race Organiser	Race day	
Weather – ice and/or snow	Athletes and Event Volunteers may be injured from slipping or falling	<ul style="list-style-type: none"> Walk course in days preceding race and on race day to check conditions 	M	<ul style="list-style-type: none"> Cancel race if course is unfit for competition 	L	Race Organiser	Race day	
Weather – heat	Athletes and Event Volunteers at risk of heatstroke	<ul style="list-style-type: none"> Refreshment kiosk very close to start / finish 	L	<ul style="list-style-type: none"> Advise athletes and Event Volunteers to dress and hydrate appropriately in pre-event communications Provide free bottled water if very hot weather is forecast 	L	Race Organiser	Race day	



Lighting conditions	Athletes may be injured from being unable to see path/athletes clearly. Note there is no lighting along some of the paths used for the race	<ul style="list-style-type: none"> Event organised during daylight hours 	L	<ul style="list-style-type: none"> Consider delaying start in case of poor weather conditions 	L	Race Organiser and Referee	Race day	
Other Athletes and Officials	Athletes and Event Volunteers may be injured from collision with racing Athletes	<ul style="list-style-type: none"> Ensure athletes are aware of race etiquette 	L	<ul style="list-style-type: none"> Reiterate competition etiquette ahead of event start 	L	Officials	Race day	
Footpath	Athletes and Event Volunteers may be injured from slipping/tripping on uneven footpath	<ul style="list-style-type: none"> Footpath surface maintained to a good standard by The Royal Parks 	M	<ul style="list-style-type: none"> Walk course on morning of event to check path surface and remove any loose debris visible 	L	Race Director Event Volunteers	Race day	
Start	Athletes may be injured from tripping/collision due to congestion at the start	<ul style="list-style-type: none"> Ahead of competition starting, clearly announce that caution needs to be exercised at first corner, when runners will be bunched 	M	<ul style="list-style-type: none"> Ensure athletes line up in an orderly fashion so as not to impede other competitors progress Ensure start footpath (Serpentine Road) is clear ahead of the race 	L	Officials Athletes	Race day	
Finish	Athletes may be injured by falling at the finish.	<ul style="list-style-type: none"> Straight run-in to finish of c.200m 	M	<ul style="list-style-type: none"> Marshals to be in finish area to guide runners Locate medic close to finish 	L	Race Director Event Volunteers	Race day	
Athletes going off course	Athletes failing to follow the correct route and getting lost	<ul style="list-style-type: none"> Direction arrows at all significant turns Marshals situated at all turning points 	L	<ul style="list-style-type: none"> No additional action needed 	L	Event Volunteers	Race day	



Members of the public	Athletes and other park users may be injured following a collision with member of the public on the footpath	<ul style="list-style-type: none"> Race uses quieter footpaths in The Meadows area Event marshals at significant junctions 	M	<ul style="list-style-type: none"> Course marshals supplemented by Caution Runners signs 	L	Event Volunteers Athletes	Race day	
Vehicular Traffic	Collision between athletes and a vehicle	<ul style="list-style-type: none"> Paths are closed to general traffic. Only used by park staff and contractors. 15mph speed limit 	M	<ul style="list-style-type: none"> Course marshals supplemented by Caution Runners signs, including sign outside entrance to Staff Yard 	L	Event Volunteers	Race day	
Cyclists (including e-scooters)	Collision between athletes and a cyclist	<ul style="list-style-type: none"> Most of the paths are for pedestrians only. However, unauthorised cycling occurs 	M	<ul style="list-style-type: none"> Course marshals supplemented by Caution Runners signs Flat grass areas that adjoin course allow athletes to safely run off the course to avoid cyclists 	L	Event Volunteers	Race day	
Medical	<p>Athletes tripping on footpath</p> <p>A more serious medical incident occurring</p>	<ul style="list-style-type: none"> Independent medical presence All parts of course are accessible to an ambulance 	M	<ul style="list-style-type: none"> Medical Despatch Event Services Ltd booked. One medic with medically equipped vehicle In case of a serious medical emergency, 999 should be called The closest A&E to Hyde Park is St Mary's Hospital, Praed Street, London, W2 1NY, c.2.5 miles from park 	L	Race Director Event Volunteers	Race day	
Event Site Traffic	Collision between runners and event construction traffic using Main Street (summer concerts and Winter Wonderland)	<ul style="list-style-type: none"> All vehicles have to travel in a convoy escorted by event staff One way system for vehicles. Entry only via Main Street. Exit is via Serpentine Road, which is away from course 	L	<ul style="list-style-type: none"> Additional marshals located at the Cumberland Gate start of Main Street and at the Reformers Tree, which is where vehicles turn into the event site 	L	Race Director Event Volunteers	Race day	

